



Sonali Lohar

Sonali Lohar is an Audiologist and Speech Language Pathologist. She has been practicing for more than 25 years in the field of Speech, Language, Voice and Hearing. She has done her masters in Clinical Psychology.

Sonali has been practicing exclusively as a VOICE THERAPIST since last few years of her practice. She is among those very few Top Speech Pathologists of India who have dedicated their practices for the work in the area of VOICE, Sonali's forte specifically being "Voice care for professional voice users". She has done observership in Voice Therapy at Stanford University, USA & Indiana University, USA. Her clinic 'Voice Clinic, Thane' has got the honor of becoming the first state of the art voice clinic of Thane District.

Her extensive work, passion and education in the field of Professional Voice Disorders and Vocal Hygiene is noticed in the form of her celebrity patients, who are some of the renowned artist in the field of acting, theatrics, music, dubbing and anchoring.

Her vast dedicated experience in Voice Care has allowed Sonali to coin a phrase for voice problem "The Young Hassled Mother's Voice". It has become a benchmark and a locally accepted term in the voice speciality field.

She has a large experience in puberty related voice problems, Puberphonia, with her technique of therapy giving almost instant results in such patients.

Sex-change surgery & Voice modulation: This is considered as a "Top of the pyramid" challenge for voice specialists. Sonali is actively treating and involved in such cases.

Several top politicians, including ministers, seek Sonali's day to day guidance and therapy, especially during the election times: to ensure that the quality of their voice does not suffer during election campaigns.

She is a Specialist in Laryngectomy Rehabilitation (SLR), A Certified Vitalstim Therapy Practitioner (Physio Asia Academy) and A Voice Modulation Expert.

Vision and Hearing inform us about the outside. The VOICE is our tool to express ourselves to the outside. So, Vision Hearing and Voice, all three are necessities for rich quality of life.

In India, every year millions of professional voice users majority of whom are Teachers, suffer from Bad Voice and Vocal Cord Pathologies. And the sheer reason behind this is the ignorance among common public about what is called as VOCAL HYGIENE.

An excellent clinician, Sonali does an ongoing series of free workshops and lectures for teachers in schools and colleges for increasing awareness about Voice Care. Through these lecture series she has so far managed to educate thousands of teachers and singers about how to improve Vocal Health and Vocal Endurance. Her mission is to reach out to each and every teaching institute of Maharashtra with this knowledge and prevent the teachers from becoming Vocally Handicapped in future.

She has also been invited by several corporate houses for her Voice workshops and lectures, including Tech Mahindra Group & Sandoz.

Her articles and interviews in leading news papers and health care magazines have contributed in increasing public awareness about Voice and Voice Disorders.

She has participated, presented and has been invited as a panellist and guest faculty speaker in National and International Conferences Emirates ENT & AVCSD, Rajasthan State ENT Conference, VOICECON Mumbai to name a few.

Sonali is known for her humane understanding, for her insight in the Science of Voice. Her distilled wisdom coming across from her statement "The throat is the seat of emotions..One feels a choking sensation in the throat much before the tears appear in the eyes..." This depth of voice makes Sonali a complete voice specialist, counselling being an integral component of her trademark humane strategy for treatment.

ATTACHMENTS:

1. Voice Clinic, Dr Bhumkar ENT Hospital, Thane, Maharashtra
2. Juvekar's Voice Lab, Chembur, Mumbai, Maharashtra
3. Voice Clinic, Ghaisas ENT Hospital, Pune
4. Voice Consultant, Jain ENT Hospital, Jaipur, Rajasthan
5. Faculty at Uday Sabnis Voice Academy, Thane , Maharashtra
6. Member of Talent Advisory committee , Sankram Music Pvt.Ltd.
7. Member of Advisory Board and Faculty : Talent Craft Acting Academy.

ATTRIBUTES :

- Writer -Her various articles are published in magazines and newspapers. She is also a regular column writer for leading regional newspaper of Maharashtra.
- Sonali is one of the four authors of the book "**Chaar Sakhya Chovis**" which is already into it's 2nd edition in a record breaking period.
- Her second book "**SOLO**" got published in June' 2021 by Granthali Publication. SOLO has its preface written by the legendary actor Padmashree Nana Patekar and the coverage of the book is done by renown Indian Film Director Ravi Jadhav.
- Her 3rd book '**...Gumphiyela Shela**' written by four writers together is published in April 2022, by Granthali Publication.
- **Poet** - Her Various poems are shared on various social platforms.
- **Anchor** - She has successfully anchored various events
- **Speaker** - She has delivered many lectures and given speeches on medical and non medical topics on various occasions in many events.
- Her company SRD Solutions LLP has successfully done educational projects in association with Thane Muncipal Corporation in 2015.
- She is currently doing a VOICE CARE FOR TEACHERS OF MAHARSHTRA project in collaboration with Higher and Technical Education Department, Maharashtra Government and Maharashtra Information and Technology Support Centre.

With this project, Maharashtra has become the 1st state of India to have proposed a project for 'Voice Care For Teachers' , also making Sonali the only Voice Therapist of India to have initiated and implemented the project on such a large scale.

SOCIAL ASSOCIATION :

- Sonali was group head of one of the cultural groups of Thane Art Guild, called Granthgandh. She conducted the group for 5 years with the intention of promoting the movement of book reading, to encourage writing skills of members and to share good work of great authors with Thane literature lovers. The group deals with different types of literature in its different forms. On this platform Granthgandh presented " Navaras Abhivyakti", an experimental show conceptualized and elaborated by Sonali , which was later presented as "Navlaee" on professional platform. Sonali's activity under Granthgandh " A celebrity interviewing a renown author" turned out to be a huge success and was widely appreciated in Thane city.

AWARDS :

- Lokmat Sakhi Sanman Award 2016
- Amrutvel Superwoman Award 2017
- Adarsha Pratishthan Samaj Ratna Award - 2018
- Power Of Woman Award, 2018
- Janeev Award 2019
- Kalanidhi Woman of Substance Award, 2019
- Special award by Hon. Mayor of Thane, 2020
- Aadhunik Savitri Puraskar 2022

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